



YTB100 * First name _____ Age _____

#03

- 1) Complete what you like & help each other.
- 2) Return form each week & continue with new form.

Write

Write a Haiku about mid-spring. Haiku is a poem of 17 syllables, in 3 lines, of 5-7-5 syllables. Example:

- Pollen yellow air
- Horse, tall grass, flowers, color
- Rain, sun, sky – all there

1 _____
 2 _____
 3 _____

Move

Try these fitness challenges 2x each day for 4 or more days.

1) One leg sit to stand
 Mon__ Tue__ Wed__ Thu__ Fri__ Sat__ Sun__

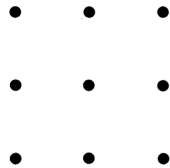
2) Wall Squat – try for 15-30 seconds, repeat once
 Mon__ Tue__ Wed__ Thu__ Fri__ Sat__ Sun__

Design

Draw a picture of a fish or rocks in water that you like.
Use other side of paper.

Learn

Connect 9 dots with 4 straight lines keeping your pencil on the paper.



Serve

Suggest what you can do for a YTB service activity or ask someone for a suggestion. What did you do?



**YTB100 – help each other:
Write, Move, Design, Learn, Serve
AND List 2 Things ...**

#03

List 2 Things

... that you would be able to collect for an art project.
Example: pictures, buttons, bottle caps, beads, other ...

1. _____
2. _____

List 2 Things

... useful skills that many youth members have.

1. _____

2. _____

List 2 Things

... that you are curious to do or learn more about, and why.

1. Topic _____
Why _____
2. Topic _____
Why _____

Short Survey

- What would you rather do? And why?
 ___ Follow a map, take pictures, write notes of activity.
 ___ Interview people about their advice for young people.
 ___ Plan an event for youth members at the end of YTB100.

Short Survey

- How many people do you see each week that you know and like and for whom you would smile and say hello?
- 1 to 5
 - 6 to 10
 - 11 to 25
 - More than 25

Use back of page for sketch or more space.

Give completed form to Camp Leader or YTB Coach